

COVID Community Guidelines for University Housing

UC **SANTA BARBARA**Housing, Dining &
Auxiliary Enterprises

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Guiding Principles

Housing, Dining & Auxiliary Enterprises (HDAE) is working closely with UC Santa Barbara leadership to monitor the effects of the COVID-19 pandemic. The health and well-being of our community is very important. The goal of our residential mitigation and response plan is to adhere to public health measures, provide new health and safety guidelines, and create a community for residents to thrive while continuing to support UC Santa Barbara's educational mission.

HDAE's response aligns with local, state and national mandates, as well as UC systemwide guidelines.

Our knowledge and understanding of the COVID-19 virus continues to evolve, and our policies and response plans will be updated as more information becomes available.

Welcome

Welcome home, Gauchos! Whether this is your first year living with us, or we are welcoming you back, thank you for choosing to be a part of the UCSB residential community. The term community feels especially important in the midst of the COVID-19 pandemic, as we navigate our 'new normal' on the UCSB campus. Together, through thoughtful consideration of our neighbors and the implementation of precautionary measures, we will build a thriving community that supports and bolsters your educational experience here at UC Santa Barbara.

The health of all residents is critical; therefore, specific public health guidelines are in place to mitigate the spread of COVID-19 in our community. Residents are expected to comply fully with the guidelines outlined in this document, as well as the *Return-to-Campus Community Compact for Students Fall 2020* (See Appendix A).

Resident Expectations & Guidelines

Move-in

Undergraduates will move-in over a seven-day period, from September 21 - 27. You will be receiving information to sign up for a move-in time that will work with your schedule in September. No more than two other people may help you move-in. We are aiming to make move-in an easy self-service, touchless experience. We will have carts available for you to move your belongings from your car to your room.

Student Health Services (SHS) is partnering with us to provide COVID testing at move-in. Their current plan is if you arrive Monday - Friday, you will be required to get a COVID test before you pick up your room/apartment key. If you move-in on a weekend, you will be given a Monday appointment for a COVID test. Additionally, Student Health will be sending you information about the daily health screening and sequestering (see below).

Do not come to campus if you are sick or do not feel well. We will give you a new move-in time once you are better.

Health Monitoring

All residents must conduct a daily health screening accessed through an online survey. For 14 days prior to arrival and every day after, you will be asked to complete this daily screening. Information about the online screening will be sent in early September.

While you are on campus, if you experience any symptoms potentially related to COVID-19, please contact UCSB Student Health for an immediate medical evaluation. **Student Health Triage Line:** (805) 893-7129. At this time, these symptoms include one or more of the following:

- Cough
- Shortness of breath or difficulty breathing
- Fever (touchless thermometers are available at residence hall front desks, and through Associated Students)
- Chills
- Repeated shaking with chills
- Loss of taste or smell
- Runny nose or new sinus infection
- Muscle pain
- Headache
- Sore throat
- Fatigue
- New gastrointestinal Issues
- Body rash

If you have any of the aforementioned symptoms, you must contact UCSB Student Health for an assessment of your symptoms and possible COVID-19 testing. Any symptomatic resident must follow the directions given by UCSB Student Health.

Resident COVID-19 Testing

Residents are required to test immediately upon arrival to campus*. Additionally, residents will be tested about a week later. Thereafter, residents must agree to be tested for COVID-19 on a schedule that is determined by the university. A residential testing facility is located on the San Joaquin Villages property (Calaveras Court) and the Loma Pelona Center (near San Rafael Hall and Manzanita Village).

*Residents can also meet this initial testing criteria by bringing a negative antigen or PCR test, which has been taken within seven days of arrival. A post-test will still be required.

Sequestration

Residents are required to sequester for a seven-day period upon arrival. This means minimizing all in-person interactions among students, faculty and staff, on and off campus. During this sequestration period students may leave their campus residences only to participate in essential activities (e.g., to eat, purchase necessities, participate in low-risk outdoor recreational activities, or obtain health care services).

Quarantine or Isolation Housing

Residents who are medically required to quarantine or isolate due to COVID-19 symptoms, exposure to someone with COVID-19, or a positive test result, must relocate to a quarantine or isolation unit if they do not have access to a private bathroom. Student Health will medically determine who needs to quarantine/isolate and will inform the student. Relocation and related processes will be managed by a COVID-19 Coordinator. Quarantine and isolation housing will be provided on campus, and the details of this program are currently being finalized.

Support Person/Buddy System

In the event that a resident must isolate or quarantine, it is important that they identify someone to help them manage their day-to-day needs. This person can help with picking up snacks or medication, etc. and dropping it in front of their door. This support person should not have personal contact with students in quarantine/isolation, but can help run errands and drop things off.

Contact Tracing

Residents may be contacted by Student Health if they have had traceable contact with a person who has tested positive. Traceable contact means that you had contact for 15+ minutes within six feet of a COVID positive person, and may have contracted the disease. If the resident is directed to quarantine, test, or given any type of protective health directive, they must fully comply.

Physical Distancing

Residents are expected to keep physical distance between themselves and others. Physical distancing is one of the best tools we have to avoid being exposed to the COVID-19 virus and slowing its spread. Since people can spread the virus before they know they are sick, it is important to stay away from others when possible, even if you have no symptoms. Residents should follow these physical distancing practices:

- Stay at least six feet from other people at all times
- Do not gather in groups of ten or more people
- Avoid crowded locations and spaces

Gathering

Residents are not permitted to gather in groups of ten or more people. Communal spaces (main lounges and recreation rooms if open) will have occupancy limits. Residents must respect any and all measures (e.g., signage, floor decals, colored tape) implemented to physically separate and increase distance in shared spaces. A few people gathering outdoors, while maintaining six feet of distance is recommended over indoor gatherings. We recommend that you also bring a lawn chair if you have one.

Face Coverings

Residents must wear face coverings when outside of their room/suite/apartment, in the presence of others, and in public settings (e.g., common areas/lounges, hallways, study rooms, dining halls, etc.).

- HDAE will provide each resident with a cloth face covering at move-in. We recommend that you bring multiple face coverings with you as well when you movein.
- Disposable face masks will be available at the residence halls front desk.
- SB County order requires face masks while waiting in lines (indoors and outside)

Please note: There is a \$1,000 fine for not wearing a mask, as noted in Santa Barbara County Order (#2020-10)

Handwashing

Residents should wash their hands often with soap and water for at least 20 seconds. This measure is especially important after you have been in a public place, or after blowing your nose, coughing, sneezing, or touching your face. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry. Avoid touching your eyes, nose, and mouth, and wash your hands after touching your face. It is estimated that people touch their faces 17-53 times per hour!

- Hand sanitizer is available at the entrance of every residence hall. Residents must apply hand sanitizer each time they enter the building. We also recommend keeping a bottle of sanitizer on your person, or in your car, for use after getting gas or touching other objects when you cannot immediately wash your hands.
- According to the CDC, gloves are not necessary for general use and do not replace good handwashing hygiene.

No Guest Policy

Residents in our undergraduate communities are not permitted to have guests until further notice. This includes family members, parents, guardians and friends. Daytime and/or overnight guests are not allowed on the premises. The only exception to this is during move-in when a student is permitted to have two people assisting with their move-in.

Influenza Vaccination

Residents must receive a flu vaccination by November 1, 2020, unless the student has received a medical exemption. This is a requirement for all UC campus students, staff and faculty.

Thermometer

It is recommended that all residents bring a thermometer. The daily health screening will ask if you have had a fever. If you do not have a thermometer to bring, touchless thermometers will be available at the residence hall front desks. Associated Students also has thermometers available for students. Additionally, there is a limited supply for San Clemente graduate students by calling the on-duty professional or stopping by the office for San Clemente residents.

Guidance for Use of Specific Residential Spaces

Restrooms

Use of restrooms should be limited based on size to ensure at least six feet of distance between individuals. Every other sink will be closed to ensure physical distancing. Residents should wash their hands thoroughly afterward to reduce the potential transmission of the virus. Tips: Open doors with your closed fist or hip to avoid gripping handles with your hand. Use the paper towel you dry your hands with to turn off faucets before tossing. Restroom cleaning will be increased.

Elevators

No more than one person, or a set of suitemates/apartment mates, may enter the elevator at a time. Residents who use the elevator must wear a face covering and make limited contact with the elevator buttons. Residents should wash their hands or use hand sanitizer

with at least 60% alcohol upon departing the elevator. Use your knuckle when touching elevator buttons, light switches, etc. Elevator cleaning will be increased.

Dining Commons

Controlled entry into all Campus Dining facilities will be in effect to limit crowds and facilitate physical distancing. Residents entering the Dining Commons will be required to wear a face covering until they are ready to eat, and to put it back on shortly after completing their meal. Hand sanitizer will be available at the entrance to each Dining Commons. Patrons must apply sanitizer each time they enter the dining commons. The following measures will be in effect to mitigate the spread of COVID-19:

- Physical distancing aids will be present at points of entry and at food platform queue lines to avoid congestion
- Full-service or prepackaged meals will be offered
- All food will be served by trained staff; no self-service
- Partial to full elimination of seating options in Dining Commons and other Campus Dining locations to facilitate physical distancing of at least six feet
- Remaining tables and seating arrangements in the Dining Commons will support physical distancing practices between residents
- Frequent sanitation and disinfection will occur in all Campus Dining locations during operating hours, including all common touch spaces
- Use of mobile ordering and take-out options is encouraged
- Abide by applicable Santa Barbara Public Health orders

Off Campus Guidelines for Residents

Off Campus Activity

Residents will need to agree to not host or attend a gathering of more than ten people (maintaining six feet of distance) who do not live with them, on or off campus.

Non-Essential Travel

Residents will limit non-essential travel from campus. Should a resident require travel outside the Santa Barbara area, please contact the Resident Director of the building to discuss protocol for returning to university housing.

Mental and Emotional Wellness

Residential Curriculum

Community development activities are happening in undergraduate university housing. Check in with your Resident Assistant about what is happening on your floor and in your building. Stay connected!

Behavioral Health

Behavioral Health Services at Student Health (Psychiatry, Social Work and Alcohol & Drug Program) and Counseling & Psychological Services (CAPS) are available to offer emotional support during this period. Telephonic or video counseling is available. Behavioral Health Services at Student health: (805) 893-3087; CAPS: (805) 893-4411 After-hours Crisis Services: (805) 893-4411.

Health & Wellness

UCSB is committed to supporting your overall health and wellness. Visit the Health & Wellness website at **www.wellness.sa.ucsb.edu** for more information and resources to offer support, manage stress, and enhance your resilience.

Appendix A: Return-to-Campus Community Compact for Students Fall 2020

We, as Gauchos, make these commitments to protect the health and safety of ourselves, our friends, our families, and our fellow UC Santa Barbara, Isla Vista, and greater Santa Barbara community members. The ability of the UC Santa Barbara campus to maintain any campus activities and/or resume campus operations, even in a limited capacity, depends on the strict adherence of students, faculty, and staff to all public and personal safety protocols.

Acknowledging that this is a very challenging time, and that we must take consistent precautions to prevent the spread of COVID-19, I agree to be an active participant in maintaining my own health, well-being and safety, as well as that of others, by following all guidelines and expectations outlined by the University. I understand that the University may modify these guidelines and expectations and that it is my responsibility to make every effort to keep myself apprised of changes to these commitments. I commit to abide by the following:

- ✓ I will complete the online COVID-19 student education module prior to returning to the UCSB campus and the Santa Barbara area.
- ✓ I will keep my living/mailing address and phone number current and updated on GOLD.
- ✓ I will screen myself daily for COVID-19 symptoms, and if I have symptoms I will contact Student Health Services and stay home until instructed further.
- \checkmark I agree to be tested for COVID-19 on the schedule determined by the University.
- ✓ I agree to obtain a 2020-2021 flu vaccination before November 1, 2020, unless I have received an approved exemption.
- ✓ While on campus, I will consistently practice all COVID-19 precautions (maintaining a physical distance of at least six feet from those I do not live with, wearing a face covering any time I am outside of my own home, practicing frequent and regular handwashing, and following any instructions relevant to specific on-campus spaces such as classrooms, labs, study spaces, the library, staircases, sidewalks, etc.)
- ✓ When I am off campus, I will consistently practice all COVID-19 precautions (maintaining a physical distance of at least six feet from those I do not live with, wearing a face covering any time I am outside of my own home, and practicing frequent and regular handwashing).
- ✓ Consistent with orders from the Santa Barbara County Public Health Department, I will not host or attend gatherings of more than ten people who do not live with me, whether on or off campus.

- ✓ If public health or University officials request information about my recent contacts in order to contain the spread of COVID-19, I will provide all requested information honestly and comply completely with directions to self-isolate as necessary.
- ✓ If I come into contact with someone who has tested positive for COVID-19, I will notify Student Health Services at 805-893-5361 and follow the protocols for 14 days of self-isolation.

I have read, understand, and willingly agree to protect the safety of my community by making the above commitments. I understand that these commitments are required in order to participate in the 2020-21 school year and that violations of these commitments may put me or others at risk for serious health complications related to COVID-19. If I do not follow current health orders or it is found that my actions put others at risk for COVID-19, I understand that my student status may be jeopardized and that I may be held responsible for a violation of the UCSB Student Conduct Code sections 102.16 (Failure to Comply) and/or 102.08 (Health and Safety).